

## WEEK 28 – SPEAKING PRESENTATIONS

**Wellbeing Element** – Meaning and Purpose

**Character Strength** – Appreciation of Beauty

Throughout our lives there are numerous occasions on which we are expected to give speeches, including engagements, weddings, funerals, birthdays, work presentations, club functions and so on. Many people cringe at the thought because they have never been shown how to prepare for and deliver a high quality speaking presentation.

Cultivating in our students the confidence and know how to stand up and deliver well thought out speaking presentations will benefit them for life. At school students are expected to give verbal accounts of what they have learnt, investigated and concluded to different audiences, including in class, school assemblies, representing the school in public arenas etc. They need to be coached how to do this.

The benefits of these experiences for students' personal development are immense and opportunities should be provided for all students to participate at least once to speak at a school assembly over their school careers. The key to avoiding possible stressful situations in delivering speaking presentations is to nurture in students the resilient and resourceful habits of being prepared, rehearsing voice tones, practising body language and identifying important points beforehand.

The focus this week is designed to provide explicit guidelines and empower students to feel confident in themselves to deliver a clear and competent speaking presentation.