

Grade 3

This term we are focussing on creating height when jumping onto the springboard and completing a steady landing.

Grade 4

We will be focussing on leaping onto the trampet and performing a shape before completing a strong landing.

Grade 5.

Grade 5 students will be focussing on communication & teamwork when working with a partner to create and perform partner balances.

Grade 6.

Students in Grade 6 will be combining all of the components of gymnastics to create their own gymnastics sequence.