



The Game of Life

Identity

Year 3 - 4

Summary

Students will explore the emotions they might feel and the choices they may face when they encounter challenging situations. They will learn how social, emotional, and physical changes, core values, and stereotypes can influence their identity. Students will practise saying no, making safe choices, and managing strong emotions through role-play and games. They will design their own game to help others understand different emotions.

Essential Questions

How can we explore our identity through games?

How can we manage challenging situations?

How does our behaviour impact on others?

Rationale

I can better navigate challenging situations by understanding who I am and the influences on my identity.

Future Action

Students will be curious about others' identities and strive to be the best versions of themselves. They will be more confident when faced with challenging situations and have a greater range of strategies for managing emotions and navigating their lives.